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*Effective January 1, 2017 through December 31, 2019*

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We are pleased that you inquired into the professional field of Ayurveda. We trust that our school catalog will answer many of your questions, but please feel free to contact us for further information.
About Our Academy

Our Vision
We are passionate about serving humanity by creating a reality where all people know their true nature and with this awareness, are able to maintain their personal balance and bliss on every level of their beings. We are committed to teaching dedicated students to do the same.

Our Mission
- To raise awareness, increase knowledge and broaden the availability of Ayurveda.
- To provide professional instruction and training in the field of Ayurveda.
- To create a teaching environment where students learn by experiencing the science and practice that is Ayurveda.
- To prepare students to move forward as teachers and practitioners of Ayurveda, committed to the expansion of its wisdom.
- To uphold the time proven practices of Ayurveda in a practical manner, suitable to modern times.
- To support the student on his/her personal path to optimal health and well-being through Ayurveda.

Our History
Florida Academy of Ayurveda was conceptualized by Denise O’Dunn, Ayurvedic Practitioner and owner of Balance & Bliss Ayurvedic Lifestyle Center, as she was frequently presented with requests from students, clients and business associates seeking to deepen their knowledge base of Ayurveda through formal education. Some expressed interest in Ayurveda for personal enrichment, others for the advancement of professional development.

Florida Academy of Ayurveda began its first academic year in April of 2011.

Balance & Bliss, Inc., registered in Florida, is the parent corporation of Florida Academy of Ayurveda.

Our Governing Council
Denise E. O’Dunn – President of Balance & Bliss, Inc.- Owner of Balance and Bliss Ayurvedic Lifestyle Center in Tampa, Florida

Kevin C. O’Dunn – Secretary of Balance & Bliss, Inc.- Owner of Balance & Bliss Ayurvedic Lifestyle Center in Tampa, Florida

Balance & Bliss, Inc. is a private corporation registered in the State of Florida and doing business as Florida Academy of Ayurveda. The academy is owned and operated by Balance & Bliss, Inc.
Our Administrators and Faculty

Director and Instructor of Ayurveda

Denise O'Dunn, CAP, LMT, E-RYT500

DENISE O’DUNN is a certified Ayurvedic Practitioner, licensed Massage Therapist and Yoga Teacher, who began studying Yoga in 1970 and received certification as a Yoga Instructor from the United Yoga Institute of New Mexico in 1985. She is registered with Yoga Alliance as an experienced teacher at the 500-hour level. Denise received her degree in Ayurveda from the Florida Vedic College in 2005 and is a professional member of the National Ayurvedic Medical Association and the Association of Ayurvedic Professionals of North America. She has served as president of the Suncoast Yoga Teachers Association. # ma58502

Principal and Instructor of Anatomy & Physiology

Kevin “KC” O'Dunn, B. Msc., LMT

KEVIN O’DUNN is a nationally certified licensed Massage Therapist and Ayurvedic Technician. He holds a bachelor’s degree in Metaphysical Sciences from the University of Metaphysical Sciences. Kevin began his studies in traditional Swedish massage and Hydrotherapy in 1974 at Lindsey Hopkins School of Massage in Miami, Florida. In 2004 he enrolled in Bhakti Academe School of Intuitive Massage and Healing, in Safety Harbor, Florida, to further his studies in energy modalities. Kevin is also a Reiki Master and Quantum Touch Practitioner. Kevin is a member of the American Massage Therapy Association and the National Ayurvedic Medical Association. # ma49913

Guest Speakers

Throughout the school year guest speakers visit our academy to share their specialty in Ayurveda or teach related topics, including: Ayurveda’s archeological history, western psychology, jyotish, vastu shastra, and the legal and marketing aspects of business.

School Approval

Florida Department of Education – Commission for Independent Education
325 W. Gaines Street, Suite 1414
Tallahassee, Florida 32399-0400
License #4443

Professional Memberships

- National Ayurvedic Medical Association
- National Council on Ayurvedic Education
- Yoga Alliance
- Light on Ayurveda Educational Foundation
- American Massage Therapy Association
- Suncoast Yoga Teachers Association
Home of the Florida Academy of Ayurveda

The Florida Academy of Ayurveda offers a comfortable setting for the study and practice of Ayurveda.

The approximately 2000 square foot building offers a lecture and training classroom, herb and resource library, private consultation and treatment room, administrative office, student break room and restroom.

The school's physical plant includes classroom tables and chairs, and audio/visual equipment for lecture and presentation purposes; massage tables and Ayurvedic treatment equipment for demonstration purposes; and equipment utilized in herbology and aromatherapy training.

The Florida Academy of Ayurveda is centrally located in the heart of Tampa Florida, in Historic Seminole Heights. The Florida Academy of Ayurveda is conveniently situated a few blocks west of I-275 at the Hillsborough Avenue exit on North Florida Avenue.
Understanding Ayurveda

Ayurveda is the study of natural law. The word Ayurveda means the Science of Life; therefore, the essence of Ayurveda has always existed. Ancient Vedic texts tell us that the Rishis, or Holy Ones of India, acquired the knowledge of Ayurveda through meditation and the keen observation of nature. The Rishis, through their inquiry, obtained the understanding of life and how to end physical and emotional suffering. For generations the knowledge that the Rishis attained was passed along through an oral tradition. Since Ayurveda predates the written word, its exact beginnings are difficult to calculate, but we know the Vedic texts, the documents where Ayurveda is recorded, date beyond five thousand years.

Ayurveda is the World’s oldest medicine. Ayurveda is the foundation of all healing practices on earth including the basis for modern allopathic medicine and Traditional Chinese Medicine. Ayurveda has thrived in India for thousands of years despite invasion and occupation by Muslim, Turkish and Mongol rulers. The practice of Ayurveda was driven out of the major cities by the English as they established colonial rule over India (1765 – 1947). Ayurvedic schools were closed and the medical practice of Ayurveda was replaced by Western medicine. England could not manage the entire country and so Ayurveda continued to be practiced and taught in villages and homes. When India reclaimed independence from British rule in the mid-20th Century, the education and medical practice of Ayurveda began to flourish once more. Since Indian independence, the significance of Ayurveda as a path to health, longevity and well-being, has been recognized by the Indian government and is practiced side by side with modern allopathic medicine. The first Ayurvedic school of record in North America dates to the mid-1980s. Ayurveda is becoming better known in the USA as it is being practiced by the millions of those who have learned about it through their practice of hatha yoga.

Ayurveda is an ancient system of preventative health care, rejuvenation and longevity. Ayurveda as a way of life creates harmony by teaching us to honor our individual nature, while we consciously follow the rhythms and cycles of the natural world.

Ayurveda is based on elemental principles that pertain to life on earth. Ayurvedic philosophy establishes the five great elements of ether, air, fire, water and earth as the building blocks of the natural world. These five elements pair-up in three combinations to form the primary forces of nature called doshas.

According to Ayurveda, we were born with a unique combination of the doshas that result in our prakriti, or constitutional nature. Our prakriti is fixed throughout our lifetime, but can go out of balance, as it is influenced by the time of day, the season, our diet, environmental conditions, and our place in the cycle of our life. Our current doshic state is called our vikriti. Vikriti may be in balance with our prakriti, which is our original nature, or can refer to a state that is out of balance to our original nature.

Ayurveda teaches that in a state of doshic harmony we experience true health and happiness. According to Ayurveda, disease is a state of doshic imbalance. Ayurveda gives us the necessary guidance to live in harmony with our true nature, as we experience all of the doshic influences we encounter in life. Ayurveda gifts us with the knowledge of using foods, herbs, oils, gems, metals, colors, hatha yoga and meditation, to maintain doshic balance. Ayurvedic writing instructs us about cleansing and rejuvenation routines and treatments to assist our doshic balance. As Ayurveda encourages us to acknowledge our original and unique nature, it empowers us to walk our individual and perfect path to balance and bliss.
Today’s Practitioner of Ayurveda

The formal study of Ayurveda has developed in the United States over the last 25 years.

In June, 2000, The National Ayurvedic Medical Association (NAMA) incorporated and became a professional organization supporting the field of Ayurveda in the United States. NAMA established and currently maintains standards of education, ethics and professional competency for Ayurveda in the USA. NAMA promotes the science of Ayurveda as a separate and distinct professional healing art and supports the establishment of national or state licensing for the practice of Ayurvedic medicine.

Florida Academy of Ayurveda meets the highest standards of education in Ayurveda, as set forth by the National Ayurvedic Medical Association. The students of Florida Academy of Ayurveda are trained to assist the public in the understanding and the integration of Ayurveda into a healthy lifestyle.

Graduates of the Ayurvedic Health Counselor Training program are qualified to teach the principles of Ayurveda in the community and at yoga studios, work places and special interest group meetings. The Florida Academy of Ayurveda graduate can begin a private practice in Ayurveda or join an established health care center to offer Ayurvedic lifestyle consultations. Graduates are trained to conduct Ayurvedic evaluations and make doshic recommendations, including the appropriate use of foods, herbs, essential oils, yoga postures and other lifestyle considerations.

Today’s practitioner of Ayurveda may be the lay person who is interested in enhancing her/his own well-being, while guiding others toward greater health and harmony. Massage therapists, yoga teachers, chiropractors, nurses, medical doctors and mental health practitioners, among other professionals, will find that their formal training in the science of Ayurveda will augment their current practice and bring greater value to their clients.

Ayurveda is still in its infancy in the United States, but the foundation has been framed. We are the pioneers of Ayurveda in America, blazing the path for future generations of Ayurvedic professionals!
AYURVEDIC HEALTH COUNSELOR TRAINING

Program Outline

Program Objective
The purpose of this program is to provide a formal education for the lay person and health professional seeking to integrate the principles and practices of Ayurveda into their personal lives and health care practice. Graduates of the program will be qualified to teach the basic principles of Ayurveda and conduct Ayurvedic lifestyle consultations. This program does not offer massage therapy training or preparation for the Florida Board of Massage exam.

Program Description
The Ayurvedic Health Counselor Training program is a 16-month curriculum offering the clinical study and practical application of Ayurveda. Covering all aspects of Ayurveda, the course of study is offered in 23 weekend sessions and includes Ayurvedic concepts in elemental & doshic theory, anatomy & physiology, psychology, subtle energy, and the disease process. The program provides study and training in Ayurvedic nutrition & diet, herbology, aromatherapy, dosha-based yoga and the traditional treatments of Ayurveda. The Ayurvedic Health Counselor is trained to present Ayurveda to groups and to offer Ayurvedic consultations with client assessment and recommendations for daily regimen and lifestyle routines. The student is taught to assimilate the principles and practices of Ayurveda into their own lives, so that they can effectively guide others toward balanced health and well-being.

Program Details
- 16-month program
- 23 weekend sessions, held every 3 weeks
- Saturdays 8:00 am – 6:30 pm / Sundays 8:00 am – 6:30 pm
- The first weekend of the school year, we meet on Friday from 6:00 – 8:00 pm for registration

- Classroom hours - 485
- Independent consultation/presentation hours (externship) - 215
- Total clock hours - 700
- Tuition - $6305 (payment options are available)
- Application Processing Fee - $50 (non-refundable)
- Required books - $200 approximate (available through independent retailers)
- Supplies - $50

Program meets the requirements to apply for the Ayurvedic Health Counselor Professional Membership of the National Ayurvedic Medical Association (NAMA). Tuition does not include the application fee to NAMA. Applying for a professional level membership with NAMA is not a graduation requirement.

Admission Requirements / Prerequisites
1. Must be at least 18 years of age
2. Minimum of high school diploma or general equivalency diploma - supporting documentation must be submitted with application
3. Completed and approved admission application
4. $50 non-refundable application processing fee
5. Admission interview - in person or via telephone for long distance applicants
### Curriculum Outline

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<tr>
<th>Course Number</th>
<th>Course Title</th>
<th>Clock Hours</th>
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<tbody>
<tr>
<td>AHCT 101</td>
<td>Ayurvedic History, Philosophy and Dosha Theory I: Introduction</td>
<td>23</td>
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<tr>
<td>AHCT 102</td>
<td>Doshic Theory II – Understanding and Assessment of Prakriti &amp; Vikriti</td>
<td>21</td>
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<tr>
<td>AHCT 103</td>
<td>Applied Ayurveda I – Dincharya and Ritucharya (7 lab hrs.)</td>
<td>21</td>
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<tr>
<td>AHCT 104</td>
<td>Ayurvedic Anatomy &amp; Physiology I – Sub-Doshas 1</td>
<td>21</td>
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<tr>
<td>AHCT 105</td>
<td>Ayurvedic Anatomy &amp; Physiology II – Sub-Doshas 2</td>
<td>21</td>
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<tr>
<td>AHCT 106</td>
<td>Ayurvedic Anatomy &amp; Physiology III – Dhatu</td>
<td>21</td>
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<tr>
<td>AHCT 107</td>
<td>Ayurvedic Anatomy &amp; Physiology IV – Srotamsi and Malas</td>
<td>21</td>
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<tr>
<td>AHCT 108</td>
<td>Clinical Practice I – Client Assessment 1 (17 lab hrs.)</td>
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<tr>
<td>AHCT 109</td>
<td>Ayurvedic Psychology and Subtle Energy Principles</td>
<td>21</td>
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<tr>
<td>AHCT 110</td>
<td>Ayurvedic Anatomy &amp; Physiology V – Digestion: Tastes, Agni and Ama</td>
<td>21</td>
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<tr>
<td>AHCT 111</td>
<td>Clinical Practice II – Client Assessment 2 and Chikitsa 1 (17 lab hrs.)</td>
<td>21</td>
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<tr>
<td>AHCT 112</td>
<td>Clinical Practice III – Mid-Term Exam: The Profession of Ayurveda and Business Management</td>
<td>21</td>
</tr>
<tr>
<td>AHCT 113</td>
<td>Applied Ayurveda II – Ayurvedic Nutrition and Cooking (17 lab hrs.)</td>
<td>21</td>
</tr>
<tr>
<td>AHCT 114</td>
<td>Applied Ayurveda III – Herbology I - Doshic Application: Theory</td>
<td>21</td>
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<tr>
<td>AHCT 115</td>
<td>Applied Ayurveda IV – Herbology II - Doshic Application: Practice (17 lab hrs.)</td>
<td>21</td>
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<tr>
<td>AHCT 116</td>
<td>Applied Ayurveda V – Aromatherapy - Doshic Application: Theory and Practice (17 lab hrs.)</td>
<td>21</td>
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<tr>
<td>AHCT 117</td>
<td>Applied Ayurveda V – Dosha Yoga Principles and Asana Practice (17 lab hrs.)</td>
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<tr>
<td>AHCT 118</td>
<td>Applied Ayurveda VII – Ayurvedic Treatment &amp; Panchakarma Theory (7 lab hrs.)</td>
<td>21</td>
</tr>
<tr>
<td>AHCT 119</td>
<td>Clinical Practice IV – Client Chikitsa 2 (17 lab hrs.)</td>
<td>21</td>
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<tr>
<td>AHCT 120</td>
<td>Ayurvedic Anatomy &amp; Physiology VI – Western &amp; Ayurvedic View of the Bodily Systems</td>
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<tr>
<td>AHCT 121</td>
<td>Ayurvedic Pathology I – Ayurvedic Concept of Disease</td>
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<tr>
<td>AHCT 122</td>
<td>Clinical Practice V – Client Chikitsa 3 (17 lab hrs.)</td>
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<tr>
<td>AHCT 123</td>
<td>Clinical Practice VI – Final Exam - Business Management</td>
<td>21</td>
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| Classroom Theory Hours | 335 |
| Classroom Lab Hours | 150 |
| Independent Consultation/Presentation Hours (Externship) | 215 |
| Total Hours | 700 |

**Course numbering system:** AHCT = Ayurvedic Health Counselor Training / The 23 distinctive course numbers reflect the 23 course sessions of the academic year

**Clock hour:** Represents 50 minutes of directed, supervised instruction and appropriate breaks

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**Required Textbooks**

3. The Yoga of Herbs by Dr. David Frawley and Dr. Vasant Lad (2001)
4. Ayurveda & Aromatherapy by Dr. Light Miller and Dr. Brian Miller (1995)
5. Yoga for your Type - An Ayurvedic Approach by Dr. David Frawley and Sandra Summerfield Kozak (2001)

(Publishing dates reflect the most recent edition of textbooks. Refer to these dates when purchasing textbooks. Books are available for purchase through the Academy or independent book sellers.)
# Course Descriptions

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>AHCT 101</td>
<td>Ayurvedic History, Philosophy and Doshic Theory I: Introduction</td>
<td>Introduction to the fundamental concepts of Ayurveda, including an account of the origin of Ayurveda, Sankhya philosophy of creation, the five elements, the three universal qualities, the twenty attributes and the three governing energies. (23 clock hours – includes Friday night registration)</td>
</tr>
<tr>
<td>AHCT 102</td>
<td>Doshic Theory II – Understanding and Assessment of Prakriti &amp; Vikriti</td>
<td>Offers a deeper understanding of the psycho-physiological nature of the three doshas, as found in prakriti and the contributing influence of the Doshas in connection with vikriti. The student has the opportunity to explore their own prakriti and vikriti through inquiry and pulse evaluation. (21 clock hours)</td>
</tr>
<tr>
<td>AHCT 103</td>
<td>Applied Ayurveda I – Dincharya and Ritucharya</td>
<td>Explains the preventative nature of Ayurveda through lifestyle management, providing the details of daily and seasonal routines. The student is encouraged to develop their personal dincharya to help maintain their balance during their academic studies and throughout their life. (21 clock hours)</td>
</tr>
<tr>
<td>AHCT 104</td>
<td>Ayurvedic Anatomy &amp; Physiology I – Sub-Doshas 1</td>
<td>Presents the specific location and function of the doshas as they operate throughout the body, categorizing each dosha into five sub-doshas. (21 clock hours)</td>
</tr>
<tr>
<td>AHCT 105</td>
<td>Ayurvedic Anatomy &amp; Physiology II – Sub-Doshas 2</td>
<td>A comparison of Ayurvedic and Western anatomy and physiology will be used to gain greater clarity of the sub-doshas. (21 clock hours)</td>
</tr>
<tr>
<td>AHCT 106</td>
<td>Ayurvedic Anatomy &amp; Physiology III – Dhatus</td>
<td>Examines the seven tissues of the body. A comparison of Ayurvedic and Western anatomy and physiology will be used to gain greater clarity of the dhatus. (21 clock hours)</td>
</tr>
<tr>
<td>AHCT 107</td>
<td>Ayurvedic Anatomy &amp; Physiology IV – Srotamsi and Malas</td>
<td>Examines the seventeen physical and energetic channels and the three metabolic end products. A comparison of Ayurvedic and Western anatomy and physiology will be used to gain greater clarity of the srotamsi and malas. (21 clock hours)</td>
</tr>
<tr>
<td>AHCT 108</td>
<td>Clinical Practice I – Client Assessment 1</td>
<td>Prepares the student to perform a client assessment as part of an Ayurvedic consultation. Methods included are pulse evaluation, visual observation and inquiry through questionnaire and conversation. (21 clock hours)</td>
</tr>
<tr>
<td>AHCT 109</td>
<td>Ayurvedic Psychology and Subtle Energy Principles</td>
<td>Presents the Ayurvedic perspective on the mental qualities and subtle body features, including the states of mind and consciousness, koshas, chakras, prana, tejas and ojas. Practical methods are given to create psychological and energetic balance. (21 clock hours)</td>
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<tr>
<td>AHCT 110</td>
<td>Ayurvedic Anatomy &amp; Physiology V – Digestion: Tastes, Agni and Ama</td>
<td>Explores the Ayurvedic viewpoint on the six stages of digestion, including an understanding of the six tastes, the twenty qualities of food, the four varieties of agni and the 40 primary sub-types of agni. The post-digestive effect of food and the toxic substance of undigested foods are also studied. A comparison of Ayurvedic and western anatomy and physiology will be used to gain greater clarity of the digestion process. (21 clock hours)</td>
</tr>
<tr>
<td>AHCT 111</td>
<td>Clinical Practice II – Client Assessment 2 and Chikitsa 1</td>
<td>Supports the student’s developing assessment skills by introducing advanced pulse techniques. The student learns to apply the knowledge they have gained through their Ayurvedic studies to design a client wellness management plan. (21 clock hours)</td>
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</tbody>
</table>
### Course Descriptions - AYURVEDIC HEALTH COUNSELOR TRAINING - Continued

**AHCT 112  Clinical Practice III – The Profession of Ayurveda and Business Management**

**Mid-Term Exam**

Students will take a mid-term comprehension and proficiency exam, to determine the students' readiness to move forward in their clinical studies. The study portion of this course will present the student with a current look at the profession of Ayurveda and will offer ethical, legal and professional standards in the field of Ayurveda. (21 clock hours)

**AHCT 113  Applied Ayurveda II – Ayurvedic Nutrition and Cooking**

Examines the doshic effects of a variety of foods, offering recipes and menu plans based on individual constitution. Suggestions for food selection and preparation will be offered. Mindful cooking and eating with sensory awareness will be discussed during an interactive cooking demonstration. (21 clock hours)

**AHCT 114  Applied Ayurveda III – Herbology 1 - Doshic Application: Theory**

Teaches the importance of using herbs in an Ayurvedic practice, while learning the constituents, tastes, energetics, indications and precautions of a range of herbs commonly used in Ayurveda. (21 clock hours)

**AHCT 115  Applied Ayurveda IV – Herbology 2 - Doshic Application: Practice**

Applies the knowledge gained in Herbology I by training the student to make a selection of herbal preparations based on the doshic qualities of the herbs used. (21 clock hours)

**AHCT 116  Applied Ayurveda V – Aromatherapy - Doshic Application: Theory and Practice**

A comprehensive study of the Ayurvedic use of essential oils, including study in the ancient use of aromatics, methods of obtaining essential oils, selection and use of essential oils, and the art of blending oils for doshic balance. The student will experience aromatherapy by blending a selection of aromatic products. (21 clock hours)

**AHCT 117  Applied Ayurveda VI – Dosha Yoga Principles and Asana Practice**

Explores the relationship between the sister sciences of Ayurveda and Yoga by looking at the doshic aspects of yoga postures, pranayama, meditation, mudra and mantra. The student will experience asana practices designed to balance each of the three doshas. (21 clock hours)

**AHCT 118  Applied Ayurveda VII – Ayurvedic Treatment and Panchakarma Theory**

Introduction to the traditional cleansing and rejuvenation treatments used in an Ayurvedic practice, including abhyanga, garshana, udvartana, baspa svedhana, shirodhara and the five actions of panchakarma. (21 clock hours)

**AHCT 119  Clinical Practice IV – Client Chikitsa 2**

Supports the student as they apply the knowledge they have gained through their Ayurvedic studies to design a client wellness management plan. (21 clock hours)

**AHCT 120  Ayurvedic Anatomy & Physiology VI – Western and Ayurvedic View of the Bodily Systems**

A comparison of western and Ayurvedic anatomy and physiology will be used to gain a clinical understanding of the systems of the body. (21 clock hours)

**AHCT 121  Ayurvedic Pathology I – Ayurvedic Concept of Disease**

Examination of the six stages of disease based on doshic imbalance and the misuse of time, intellect and the senses. (21 clock hours)

**AHCT 122  Clinical Practice V – Client Chikitsa 3**

Supports the student as they apply the knowledge they have gained through their Ayurvedic studies to design a client wellness management plan. (21 clock hours)

**AHCT 123  Clinical Practice VI – Business Management – Final Exam**

A final exam will be rendered to determine the competency of the student to begin their career in Ayurveda. The study portion of this course will give insight into running a professional Ayurvedic business, including developing a visionary business plan and enlightened marketing strategies, to assist the graduate in developing an authentic and a successful practice. (21 clock hours)
<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Event</th>
</tr>
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<tbody>
<tr>
<td>01/06/2017</td>
<td>Friday</td>
<td>Academy Registration Begins</td>
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<td>01/13/2017 – 01/15/2017</td>
<td>Friday – Sunday</td>
<td>Course 101</td>
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<td>02/04/2017 – 02/05/2017</td>
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<td>Course 108</td>
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<tr>
<td>07/01/2017 – 07/02/2017</td>
<td>Saturday – Sunday</td>
<td>Course 109</td>
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<td>07/22/2017 – 07/23/2017</td>
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<td>08/12/2017 – 08/13/2017</td>
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<td>Course 111</td>
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<tr>
<td>09/09/2017 – 09/10/2017</td>
<td>Saturday – Sunday</td>
<td>Course 112 (Includes Mid-Term Exam)</td>
</tr>
<tr>
<td>09/30/2017 – 10/01/2017</td>
<td>Saturday – Sunday</td>
<td>Course 113</td>
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<tr>
<td>10/21/2017 – 10/22/2017</td>
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<td>11/11/2017 – 11/12/2017</td>
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<tr>
<td>12/02/2017 – 12/03/2017</td>
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<td>Course 116</td>
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<tr>
<td>01/06/2018 – 01/07/2018</td>
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<td>Course 117</td>
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<td>01/27/2018 – 01/28/2018</td>
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<td>02/17/2018 – 02/18/2018</td>
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<td>04/07/2018 – 04/08/2018</td>
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<td>04/28/2018 – 04/29/2018</td>
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<td>Course 122</td>
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<tr>
<td>05/19/2018 – 05/20/2018</td>
<td>Saturday – Sunday</td>
<td>Course 123 (Includes Final Exam)</td>
</tr>
<tr>
<td>05/26/2018</td>
<td>Saturday</td>
<td>Graduation</td>
</tr>
</tbody>
</table>

Class of 2012

Photo by Janel Norton
### Ayurvedic Health Counselor Training Calendar
#### 2018-2019 Session

<table>
<thead>
<tr>
<th>Date</th>
<th>Day(s)</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>6/01/2017</td>
<td>Wednesday</td>
<td>Academy Registration Begins</td>
</tr>
<tr>
<td>01/05/2018</td>
<td>Friday</td>
<td>Academy Registration Ends</td>
</tr>
<tr>
<td>01/12/2018 – 01/14/2018</td>
<td>Friday – Sunday</td>
<td>Course 101</td>
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<tr>
<td>02/03/2018 – 02/04/2018</td>
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<td>Course 102</td>
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<td>02/24/2018 – 02/25/2018</td>
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<td>Course 103</td>
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<td>03/17/2018 – 03/18/2018</td>
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<td>Course 104</td>
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<tr>
<td>04/14/2018 – 04/15/2018</td>
<td>Saturday – Sunday</td>
<td>Course 105</td>
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<tr>
<td>05/05/2018 – 05/06/2018</td>
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<td>Course 106</td>
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<td>06/02/2018 – 06/03/2018</td>
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<td>Course 107</td>
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<td>06/23/2018 – 06/24/2018</td>
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<td>08/04/2018 – 08/05/2018</td>
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<td>08/25/2018 – 08/26/2018</td>
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<tr>
<td>09/15/2018 – 09/16/2018</td>
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<td>Saturday – Sunday</td>
<td>Course 123 (Includes Final Exam)</td>
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<tr>
<td>06/01/2019</td>
<td>Saturday</td>
<td>Graduation</td>
</tr>
</tbody>
</table>

**Class of 2014**

**Class of 2016**

Photos by Janel Norton
AYURVEDIC HEALTH COUNSELOR TRAINING

Tuition Payment Options

1) Full payment - $6305
   $6305 paid no less than 30 days before first class

2) Two payments - $6405
   $3202.50 paid no less than 30 days before first class / $3202.50 paid at program’s mid-point

3) Four Payments - $6505
   $1626.25 paid no less than 30 days before first class / $1626.25 paid every 4 months

4) Monthly Payments - $6705
   $419.06 paid no less than 30 days before first class / $419.06 paid each month

Transfer of Credits

Students who have attended other Ayurvedic schools approved by the National Ayurvedic Medical Association may, on a case-by-case assessment basis, have a portion of the program offered at Florida Academy of Ayurveda waived with an equivalent pro-rata of tuition. In order to qualify for this waiver, the student must have completed coursework with a substantially identical substance to the curriculum offered by Florida Academy of Ayurveda and offer documentary evidence of such completion. No more than 50% of total clock hours may be transferred. The student applicant is required to submit a transcript of academic record from their previous Ayurvedic school or a letter from their previous school stating hours completed and a description of course content.

Transferability of credits earned at Florida Academy of Ayurveda to another Ayurvedic school is at the discretion of the accepting school. It is the student’s responsibility to confirm whether or not credits will be accepted by another institution of the student’s choice.
AYURVEDIC PRACTITIONER TRAINING

Program Outline

Program Objective

The purpose of the Ayurvedic Practitioner Training program is to expand the knowledge base and experience gained in the Ayurvedic Health Counselor Training program, by providing a supervised clinical setting and the advanced study of Ayurvedic pathology.

The program is designed to offer professional development of the student’s assessment and counseling skills, while increasing their understanding of the stages of the disease process according to the Ayurvedic model of samprapti. The Ayurvedic Practitioner Training program is intended to advance the student in the clinical study of herbal formulations and provide a practicum for Ayurvedic client care and treatment protocols.

This program does not offer the level of massage therapy training or preparation required for the Florida Board of Massage exam.

Program Description

The Ayurvedic Practitioner Training program is a 10-month hybrid course that offers in-person clinical study, real-time virtual classes, online learning and supervised externship experience. This blended learning program is designed for those with an Ayurvedic education who want to receive additional training in case management skills, including clinical assessment methods and Ayurvedic lifestyle, dietary, herbal, and treatment protocols for specific conditions.

The required in-person classroom hours provide a clinical practicum for a total of 50 client consultations, including student observation and instructor supervision. The externship hours will offer the students a format for 50 additional one-on-one client consultations that will be instructor and peer reviewed. The client encounters will consist of initial and follow-up visits so that students can observe long-term outcomes, adding to their clinical knowledge and experience.

Students are taught to recommend and oversee panchakarma programs, as well as, individual purification and rejuvenation therapies for preventative measures and present conditions.

The training provided by the practitioner level program is enhanced through weekly real-time virtual classes, a student produced research paper and mentorship working with first level students.

Graduates of this program are prepared to assist clients with the prevention and management of the conditions of imbalance.

The curriculum of the Ayurvedic Practitioner Training program meets the competencies and standards set forth by the National Ayurvedic Medical Association and the National Council on Ayurvedic Education.
Program Details

- 10-month hybrid program
- 11 classroom weekend sessions (refer to calendar for dates)
- Saturdays 8:00 am – 6:30 pm / Sundays 8:00 am – 6:30 pm

In-Person & Real-Time Hours
- In-person clinical classroom hours – 231 / (11) 21-hour classes - 50 consultations
- Real-time virtual classes – 76 hours / (38) 2-hour classes once per week

Distance Learning Hours
- Online Distance Learning – 286 hours / 11 modules
- Research Paper – 97 hours

Externship Hours
- Mentorship – 10 hours (10) 1-hour sessions
- One-on-One Client Consultations – 200 hours / 50 consultations
- Total clock hours - 900
- Tuition - $4000 (payment options are available)
- Application Processing Fee - $50 (non-refundable)
- Required books - $200 approximate (available through independent retailers)

Program meets the requirements to apply for the Ayurvedic Practitioner Professional Membership of the National Ayurvedic Medical Association (NAMA). Tuition does not include the application fee to NAMA. Applying for a professional level membership with NAMA is not a graduation requirement.

Admission Requirements / Prerequisites

1. Must be at least 18 years of age
2. Minimum of high school diploma or general equivalency diploma - supporting documentation must be submitted with application
3. Completed and approved admission application
4. $50 non-refundable application processing fee
5. Admission interview - in person or via telephone for long distance applicants
6. All applicants must be fluent in verbal and written English.
7. Successful completion of the Florida Academy of Ayurveda’s Ayurvedic Health Counselor program, or an equivalent program recognized the National Ayurvedic Medical Association or the National Council on Ayurvedic Education. Graduates of other programs must present an official transcript and pass a competency entry examination.

Tuition Payment Options

1) Full payment - $4000
   $4000 - $4000 paid no less than 30 days before first class

2) Two payments - $4100
   $2050.00 paid no less than 30 days before first class / $2050.00 paid at program’s mid-point

3) Monthly Payments - $4300
   $430.00 paid no less than 30 days before first class / $430.00 paid each month
## Curriculum Outline

<table>
<thead>
<tr>
<th>Course Number</th>
<th>Course Title</th>
<th>Clock Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>APT 201</td>
<td>Module 1: Ayurvedic Care for the Digestive and Urinary Systems</td>
<td>41</td>
</tr>
<tr>
<td></td>
<td>Clinical Practicum: Client Encounters/Module and Case Studies</td>
<td>21</td>
</tr>
<tr>
<td>APT 202</td>
<td>Module 2: Ayurvedic Care for the Respiratory System</td>
<td>48</td>
</tr>
<tr>
<td></td>
<td>Clinical Practicum: Client Encounters/Module and Case Studies</td>
<td>21</td>
</tr>
<tr>
<td>APT 203</td>
<td>Module 3: Ayurvedic Care for the Circulatory and Lymphatic Systems</td>
<td>46</td>
</tr>
<tr>
<td></td>
<td>Clinical Practicum: Client Encounters/Module and Case Studies</td>
<td>21</td>
</tr>
<tr>
<td>APT 204</td>
<td>Module 4: Ayurvedic Care for the Integumentary Systems</td>
<td>42</td>
</tr>
<tr>
<td></td>
<td>Clinical Practicum: Client Encounters/Module and Case Studies</td>
<td>21</td>
</tr>
<tr>
<td>APT 205</td>
<td>Module 5: Ayurvedic Care for the Musculoskeletal System</td>
<td>42</td>
</tr>
<tr>
<td></td>
<td>Clinical Practicum: Client Encounters/Module and Case Studies</td>
<td>21</td>
</tr>
<tr>
<td>APT 206</td>
<td>Module 6: Ayurvedic Care for the Nervous and Endocrine Systems</td>
<td>42</td>
</tr>
<tr>
<td></td>
<td>Clinical Practicum: Client Encounters/Module and Case Studies</td>
<td>21</td>
</tr>
<tr>
<td>APT 207</td>
<td>Module 7: Ayurvedic Care for the Male Reproductive Systems</td>
<td>42</td>
</tr>
<tr>
<td></td>
<td>Clinical Practicum: Client Encounters/Module and Case Studies</td>
<td>21</td>
</tr>
<tr>
<td>APT 208</td>
<td>Module 8: Ayurvedic Care for the Female Reproductive Systems</td>
<td>40</td>
</tr>
<tr>
<td></td>
<td>Clinical Practicum: Client Encounters/Module and Case Studies</td>
<td>21</td>
</tr>
<tr>
<td>APT 209</td>
<td>Module 9: Ayurvedic Care for the Childbearing Year and Children</td>
<td>48</td>
</tr>
<tr>
<td></td>
<td>Clinical Practicum: Client Encounters/Module and Case Studies</td>
<td>21</td>
</tr>
<tr>
<td>APT 210</td>
<td>Module 10: Ayurvedic Care for the Sensory Organs – Eyes, Ears, Nose, Mouth</td>
<td>42</td>
</tr>
<tr>
<td></td>
<td>Clinical Practicum: Client Encounters/Module and Case Studies</td>
<td>21</td>
</tr>
<tr>
<td>APT 211</td>
<td>Module 11: Clinical Practicum – Panchakarma</td>
<td>26</td>
</tr>
<tr>
<td></td>
<td>Clinical Practicum: Client Encounters/Module and Case Studies</td>
<td>21</td>
</tr>
</tbody>
</table>

| Theory Hours  | 459                                  |
| Lab Hours     | 231                                  |
| Independent Consultation/Mentorship Hours (Externship) | 210 |
| Total Hours   | 900                                  |

**Course numbering system**: APT = Ayurvedic Practitioner Training / The 11 distinctive course numbers reflect the 11 course sessions of the academic year

**Clock hour**: Represents 50 minutes of directed, supervised instruction and appropriate breaks

### Required Textbooks

3. Marma Points of Ayurveda (paperback) by Dr. Vasant Lad and Dr. Anisha Durve (The Ayurvedic Press 2015)

(Publishing dates reflect the most recent edition of textbooks. Refer to these dates when purchasing textbooks. Books are available for purchase through the Academy or independent book sellers.)
AYURVEDIC PRACTITIONER TRAINING

Course Descriptions

APT 201  Module 1: Ayurvedic Care for the Digestive and Urinary Systems
Disorders of the digestive and eliminative systems will be studied from an Ayurvedic perspective, along with doshic recommendations for prevention and care of such conditions.
- Orientation: Real-time Virtual Class
- Clinical Practicum: In-person Client Encounters/Module and Case Studies
- Module Study: Online Distance Learning
- Lessons 1-3: Weekly Real-time Virtual Classes/Module and Case Studies
- Research Paper: Explore topics and prepare for discussion/instructor approval
- Total 62 clock hours

APT 202  Module 2: Ayurvedic Care for the Respiratory System
Disorders of the respiratory system will be studied from an Ayurvedic perspective, along with doshic recommendations for prevention and care of such conditions.
- Clinical Practicum: In-person Client Encounters/Module and Case Studies
- Module Study: Online Distance Learning
- Lessons 4-9: Weekly Real-time Virtual Classes/Module and Case Studies
- Research Paper: Develop thesis statement
- Total 69 clock hours

APT 203  Module 3: Ayurvedic Care for the Circulatory and Lymphatic Systems
Disorders of the circulatory and lymphatic systems will be studied from an Ayurvedic perspective, along with doshic recommendations for prevention and care of such conditions.
- Clinical Practicum: In-person Client Encounters/Module and Case Studies
- Module Study: Online Distance Learning
- Lessons 10-14: Weekly Real-time Virtual Classes/Module and Case Studies
- Research Paper: Create an outline and select information sources
- Total 67 clock hours

APT 204  Module 4: Ayurvedic Care for the Integumentary Systems
Disorders of the integumentary system will be studied from an Ayurvedic perspective, along with doshic recommendations for prevention and care of such conditions.
- Clinical Practicum: In-person Client Encounters/Module and Case Studies
- Module Study: Online Distance Learning
- Lessons 15-17: Weekly Real-time Virtual Classes/Module and Case Studies
- Research Paper: Gather information and make notes
- Total 63 clock hours

APT 205  Module 5: Ayurvedic Care for the Musculoskeletal System
Disorders of the musculoskeletal system will be studied from an Ayurvedic perspective, along with doshic recommendations for prevention and care of such conditions.
- Clinical Practicum: In-person Client Encounters/Module and Case Studies
- Module Study: Online Distance Learning
- Lessons 18-20: Weekly Real-time Virtual Classes/Module and Case Studies
- Research Paper: Gather Information and makes notes
- Total 63 clock hours
Course Descriptions - AYURVEDIC PRACTITIONER TRAINING - Continued

APT 206  Module 6: Ayurvedic Care for the Nervous and Endocrine Systems
Disorders of the nervous and endocrine systems will be studied from an Ayurvedic perspective, along with doshic recommendations for prevention and care of such conditions.
- Clinical Practicum: In-person Client Encounters/Module and Case Studies
- Module Study: Online Distance Learning
- Lessons 21-23: Weekly Real-time Virtual Classes/Module and Case Studies
- Research Paper: Write first draft
- Total 63 clock hours

APT 207  Module 7: Ayurvedic Care for the Male Reproductive System
Disorders of the male reproductive system will be studied from an Ayurvedic perspective, along with doshic recommendations for prevention and care of such conditions.
- Clinical Practicum: In-person Client Encounters/Module and Case Studies
- Module Study: Online Distance Learning
- Lessons 24-26: Weekly Real-time Virtual Classes/Module and Case Studies
- Research Paper: Proofread and revise
- Total 63 clock hours

APT 208  Module 8: Ayurvedic Care for the Female Reproductive System
Disorders of the female reproductive systems will be studied from an Ayurvedic perspective, along with doshic recommendations for prevention and care of such conditions.
- Clinical Practicum: In-person Client Encounters/Module and Case Studies
- Module Study: Online Distance Learning
- Lessons 27-28: Weekly Real-time Virtual Classes/Module and Case Studies
- Research Paper: Proofread and revise
- Total 61 clock hours

APT 209  Module 9: Ayurvedic Care for the Childbearing Year and Children
An Ayurvedic examination of conception, pregnancy and post-natal care will be provided. Children’s health will also be studied from an Ayurvedic perspective.
- Clinical Practicum: In-person Client Encounters/Module and Case Studies
- Module Study: Online Distance Learning
- Lessons 29-34: Weekly Real-time Virtual Classes/Module and Case Studies
- Research Paper: Prepare final draft
- Total 69 clock hours

APT 210  Module 10: Ayurvedic Care for the Sensory Organs – Eyes, Ears, Nose, Mouth
Disorders of the eyes, ears, nose and mouth will be studied from an Ayurvedic perspective, along with doshic recommendations for prevention and care of such conditions.
- Clinical Practicum: In-person Client Encounters/Module and Case Studies
- Module Study: Online Distance Learning
- Lessons 35-37: Weekly Real-time Virtual Classes/Module and Case Studies
- Research Paper: Complete paper and submit
- Total 63 clock hours

APT 211  Module 11: Clinical Practicum – Panchakarma
This practicum provides comprehensive training in pre, primary and post panchakarma procedures. Students are taught to design and manage panchakarma programs, as well as, individual purification and rejuvenation therapies for preventative measures and present conditions.
- Clinical Practicum: In-person Client Encounters/Module and Case Studies
- Module Study: Online Distance Learning
- Total 47 clock hours
Ayurvedic Practitioner Training Calendar
2018-2019 Session

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
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<tbody>
<tr>
<td>01/01/2018</td>
<td>Wednesday</td>
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<tr>
<td>06/01/2018</td>
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<tr>
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<td>Saturday – Sunday</td>
</tr>
<tr>
<td>03/16/2019</td>
<td>Saturday</td>
</tr>
</tbody>
</table>

Real-Time Virtual Class Schedule
Live web classes are held on Tuesday evenings from 6 pm – 8 pm ET / Classes begin on 6/5/18 and end on 3/5/19. No web class on 12/25/18 and 1/1/19.

Equipment and Supplies Needed for Virtual Class Attendance

- **Equipment**: Computer, tablet, iPhone or Android phone. Headphones and a microphone are required - A USB headset is recommended. A web cam is needed for live video broadcasting.

- **System Requirements**: PC-based Users: Win 8, Win 7, Windows Vista, Windows XP - Browser: Internet Explorer, Mozilla Firefox, Google Chrome, Opera. Mac-based Users: MAC OS® 10.7 or above - Browser: Safari, Firefox or Google Chrome. iPhone and iPad Users: iOS 6.0 or above with iPhone 4, 4S, 5C or 5S, iPad – all models. Android Users: All phones and tablets running Android version 2.3 or higher.

- **Internet Connection**: A reliable Internet connection is required with a cable modem - DSL or better is recommended.
Admissions and Enrollment

Florida Academy of Ayurveda strives to assemble a student body that is committed to the study of Ayurveda as a personal path to balanced health. Florida Academy of Ayurveda looks for individuals who are eager to share the principles and practice of Ayurveda with others in a professional manner. To assure that each student receives a quality education and that they are competent in the practice of Ayurveda upon graduation, Florida Academy of Ayurveda accepts a limited number of students in to its programs.

Applicant Requirements / Prerequisites

- Minimum of 18 years of age
- Able to present a high school, general equivalency or college diploma
- Able to fully participate in the program for which they are applying
- Capable of honoring their student financial obligations
- All applicants must be fluent in verbal and written English
- Completion and submission of Admissions Application, including application fee
- Attend applicant interview at Florida Academy of Ayurveda – phone interviews may be granted for long distance applicants

Equal Opportunity Admissions

All applicants are considered equally. The most qualified applicants are admitted to the program at Florida Academy of Ayurveda without prejudice or discrimination by reason of race, gender, age, sexual orientation, national origin, religious belief, disability or other personal characteristics.

Late Enrollment and Admissions

Florida Academy of Ayurveda encourages early enrollment so that the student has ample time to prepare for their program and make necessary schedule arrangements to begin class. If Florida Academy of Ayurveda has not met the student limit, late enrollment will be considered. Florida Academy of Ayurveda’s program courses are sequential, one course building on the previous course information. Late admission to a program will only be considered with proof of knowledge or experience in the field of Ayurveda.

Enrollment Limit

Florida Academy of Ayurveda limits enrollment to fourteen students per academic year, offering a personal and supportive educational environment. Florida Academy of Ayurveda offers a student to teacher ratio of 14:1.

Application Process

1. Complete and sign the Admissions Application form.
2. Send the Admissions Application form with the non-refundable application processing fee of $50, payable to the Florida Academy of Ayurveda, 5409 N. Florida Avenue, Tampa, FL 33604
3. Within one week of receiving your application, you will be contacted by Florida Academy of Ayurveda to schedule your applicant interview.
4. Acceptance to Florida Academy of Ayurveda will be determined during the applicant interview. If additional information is required for approval, you will be given a reasonable time frame to respond.
5. Upon approval to attend Florida Academy of Ayurveda, you will complete and accept the terms of a Student Enrollment Agreement form.
Attendance and Performance Policies

Attendance

Due to the concentrated amount of information offered during the program courses, attendance of each class, arriving on time, and completion of all course requirements, is not only expected but essential for the student to achieve the program’s purpose. If a student must be absent due to illness, family emergency, jury duty, or other similar circumstance, the student is required to contact the academy in advance of class, with written notice. Students are responsible for making up missed class hours and testing on all material taught during an absence. Unexcused absences in excess of 15 percent of the classes scheduled during the academic year will initiate a review of the student’s enrollment, which may result in the student’s termination from the program.

Grading and Testing

Courses

Each program course will have homework and a quiz on the subject matter. There are no re-takes allowed on the session quizzes. 50% of the student’s final grade will be based on class attendance, homework assignments and quizzes.

Mid-Term Exam

A mid-term exam is given midway through the program. 25% of the student’s final grade is based on the mid-term exam. There are no re-takes allowed on the mid-term exam.

Final Exam

A final exam is given at the end of the academic year. 25% of the student’s final grade is based on the final exam. There are no re-takes allowed on the final exam.

Satisfactory Academic Progress Policy

Florida Academy of Ayurveda students must comply with the standards for Satisfactory Academic Progress (SAP) to meet graduation requirements. Students will be evaluated for SAP at the end of the first semester, which is in the middle of the academic year, in order to provide formal intervention by the institution for those who do not meet the SAP standards. A successful SAP evaluation must show the following: (1) student has a 70 % or higher grade average (2) student has completed at least 75% of required clock hours, including accepted transfer hours. Students who do not meet the SAP standards will be given an academic plan demonstrating the requirements for the student to move successfully toward graduation, including the pace at which the student must progress to complete the program within the maximum time frame. Students who are not able to meet SAP standards will be given the option to take a leave-of-absence or withdraw from the program.

Grade Scale

A - Highest Honors = 93-100
B - High Honors = 85-92
C - Honors = 77-84
D - Passing = 70-76
F - Failing = Below 70

Graduation and Diploma Requirements

1. Student must have attended 100% of program clock hours
2. All assignments, quizzes, and exams must be completed and submitted
3. 50 student consultations must be complete, submitted and reviewed
4. Student’s final grade must be 70% or greater
5. Student’s tuition fee must be paid in full
Enrollment Cancellation

The student has the right to cancel their enrollment within three (3) business days of signing the agreement and before attending the first scheduled class of the program. Cancellation can be made in person, by electronic mail or by Certified Mail. See the “Tuition Refund Policies” in this catalog for refund information.

Enrollment Withdrawal

After the student begins attending classes, the student may voluntarily withdraw from the program. To withdraw from the program, the student needs to obtain, complete, and return a Voluntary Withdrawal form. If the student chooses to begin a Florida Academy of Ayurveda program in the future, they would be required to start the application and enrollment process again, and the current academic year tuition will apply. See the “Tuition Refund Policies” in this catalog for refund information.

Leave-of-Absence

If reasonable extenuating circumstances occur that prevent the student from continuing the Florida Academy of Ayurveda program, the student may apply for a leave-of-absence. However, due to the concentrated nature of information that is given in each course session, missing more than one course session would require that the student wait until the next academic year to start the program at the level where the leave-of-absence was initiated, or be required to begin the program again. Students reentering the Florida Academy of Ayurveda program after taking a leave-of-absence would have first priority in available enrollment space. Students on an approved leave-of-absence are not considered to be withdrawn and will not be subject to any increase in tuition or change in graduation requirements that may have occurred during their absence. To initiate a leave-of-absence, the student needs to obtain, complete and sign a Leave-of-Absence form from Florida Academy of Ayurveda.

Probation or Suspension

Florida Academy of Ayurveda does not give probation or suspension. Due to the program course structure at Florida Academy of Ayurveda, if there is critical concern about the student’s successful completion of the program due to academic insufficiency (less than a 70% average at mid-term), or failure to meet attendance standards, or for any reason, the student will be given the option to take a leave-of-absence or withdraw from the program.

Enrollment Termination

Florida Academy of Ayurveda reserves the right to terminate the enrollment of any student prior to completion of their program, for any of the following reasons: (1) continued failure to show academic progress (2) persistent tardiness or absenteeism (3) failure to fulfill financial agreements (4) violation of Florida Academy of Ayurveda’s rules or policies (5) behavior that is disruptive to the learning environment (6) found in violation of any local, state or federal law. See the “Tuition Refund Policies” in this catalog for refund information.

Program or Class Cancellation

In the exceptional case that Florida Academy of Ayurveda should find it necessary to cancel a program before it starts or during its progression, Florida Academy of Ayurveda will refund any tuition paid by the student to the academy for classes not received. Florida Academy of Ayurveda is not responsible for any loss incurred by the student beyond actual fees paid to the academy. See the “Tuition Refund Policies” in this catalog for refund information.

Florida Academy of Ayurveda reserves the right to suspend regularly scheduled classes if there is any threat of danger to the students. In this case, Florida Academy of Ayurveda will notify students of the make-up class schedule.
Tuition Refund Policies

Should a student’s enrollment be terminated or cancelled for any reason, all refunds will be made according to the following refund schedule:

1. Cancellation can be made in person, by electronic mail, Certified Mail or by termination.
2. All monies will be refunded if the school does not accept the applicant or if the student cancels within three (3) business days after signing the enrollment agreement and making initial payment.
3. Cancellation after the third (3rd) Business Day, but before the first class, will result in a refund of all monies paid, with the exception of the application fee (not to exceed $150.)
4. Cancellation after attendance has begun but prior to 41% of the program, will result in a Pro Rata refund computed on the number of hours completed to the total program hours.
5. Cancellation after completing 41% of the program will result in no refund.
6. Termination Date: When calculating the refund due to a student’s termination, the last date of actual attendance by the student is used in the calculation unless earlier written notice was received.
7. Refunds will be made within 30 days of termination of the student’s enrollment or receipt of a Cancellation Notice from the student.
Student Services, Assignments, Rules and Rights

Student Benefits
Students of Florida Academy of Ayurveda receive the following benefits:

- Direction and support in creating their Ayurvedic lifestyle from a Balance & Bliss Ayurvedic Practitioner, based on practitioner availability
- Private academic assistance, based on instructor availability
- Access to, and discount on, herbs and oils used for their personal formulas
- Discounts on services and items purchased from Balance & Bliss Ayurveda

Facilities and Equipment
Florida Academy of Ayurveda offers a comfortable setting for the study and practice of Ayurveda. The approximately 2000 square building offers:

- Lecture and training classroom, herb and resource library, private consultation and treatment room, administrative office, restroom

For the purpose of lecture and presentation, Florida Academy of Ayurveda utilizes:

- Classroom tables and chairs, laptop computer, video projector and screen, video and stereo equipment

For demonstration, Florida Academy of Ayurveda provides:

- Massage tables, Ayurvedic treatment equipment, bolsters, necessary linens and products

Student Housing
Florida Academy of Ayurveda does not have dormitory facilities at this time. Florida Academy of Ayurveda can offer the students a list of local hotels, but we are unable to find or supply housing for students.

At Home Assignments
The student is advised that the program at Florida Academy of Ayurveda involves hours of homework in addition to classroom hours to fulfill graduation and diploma requirements. The student is obligated to:

1. Complete homework assignments
2. Study in preparation for course quizzes, mid-term and final exams
3. Prepare a class and public presentation (AHCT)
4. Write a research paper on an approved Ayurvedic topic (APT)
5. Conduct 50 student consultations (AHCT) and an additional 50 consultations for the (APT) program
6. Mentor students in the Ayurvedic Health Counselor Training program – 10 hours in 10 months (APT)
7. Implement and observe personal Ayurvedic routines

Student Ayurvedic Presentations – Ayurvedic Health Counselor Training (AHCT)
To test student comprehension and help prepare the student to teach Ayurveda in the community, the AHCT student will be required to make a classroom and public presentation on a chosen and approved topic in the field of Ayurveda (approx. 15 hours total)

Research Paper – Ayurvedic Practitioner Training (APT)
Students of the APT program are required to write a research paper on a topic related to Ayurveda as a means of developing their professional skills in critical thinking and source evaluation, while increasing their insight and knowledge in this field. The finished paper will be published in a journal produced by the academy.

Herbology Tests
After sufficient training in Ayurvedic herbology, the student will be responsible for knowing the qualities of 30 herbs for the mid-term exam (AHCT). The final exam of the (APT) program requires the student to write herbal formulations for specific conditions.
Student Ayurvedic Consultations

To fulfill graduation requirements of the (AHCT) program, the student is required to conduct 50 consultations (approx. 200 hours total) outside of classroom time. Student consultations should consist of at least 25 new clients and the remaining consultations can be new or follow-up visits. Student consultations will be reviewed and approved by the Ayurvedic instructor. A portion of the consultations will be studied in class.

The (APT) program provides a clinical practicum for 50 client consultations, including student observation and instructor supervision. 50 additional one-on-one client consultations are required in an externship format (approx. 200 hours total) that will be instructor and peer reviewed. The client encounters will consist of initial and follow-up visits so that students can observe long-term outcomes, adding to their clinical knowledge and experience.

Graduation

Florida Academy of Ayurveda presents a formal and festive graduation ceremony for graduates, students, friends, and family members. A diploma for Ayurvedic Health Counselor Training is awarded to students who successfully complete the entire program in good academic standing. Students must have all tuition and fees paid in full in order to graduate.

Placement Assistance

Practitioners of Ayurveda find success going into their own practices or joining established health care practices. Florida Academy of Ayurveda offers placement assistance by notifying students when professional job opportunities are received. Florida academy makes no guarantee of employment.

Record Retention

All records regarding and concerning Florida Academy of Ayurveda and all students who have enrolled, are kept permanently at Florida Academy of Ayurveda’s administrative office, 5409 N. Florida Avenue, Tampa, Florida 33604. Student records are confidential and are maintained in locked files. Access to these records is limited to the Director and Principal of Florida Academy of Ayurveda. The Director is designated as the custodian of the records and assures the keeping of current and accurate records.

Student Rules of Conduct

Students are expected to act in a respectful, courteous and professional manner and to adhere to the following rules of conduct:

• Students are responsible for regular and punctual attendance
• Students are accountable for timely submission of assignments
• Cell phone use, of any kind, is not permitted in the classroom
• Student audio or video recording is not permitted during classes – Florida Academy of Ayurveda will regularly make audio or video recordings of class lectures and demonstrations, and they will be available to students for purchase
• Florida Academy of Ayurveda program material is protected by copyright - students are not permitted to copy, distribute or sell program material, in whole or in part, without Florida Academy of Ayurveda’s permission
• Students are responsible for classroom cleanliness
• Florida Academy of Ayurveda discourages smoking and smoking is not allowed on the premises
• Students are expected to be free from the influence of alcohol and illegal drugs while attending classes and are not permitted to have these substances on the premises
Student Services, Assignments, Rules and Rights - Continued

Student Rights
Florida Academy of Ayurveda upholds the right of the student to experience a professional environment that supports their higher learning and nurtures their personal growth, and to this end we will:

- Provide a high-quality education and study opportunity
- Remain available for academic and personal guidance
- Present fair and impartial evaluation of academic performance
- Create a safe and respectful setting, free from harassment
- Guard against censuring, penalizing, or discriminating for any behavior within accepted standards of free speech and academic freedom
- Welcome all suggestions for improvement

Information Release and Publicity Rights
In compliance with the Family Educational Rights and Privacy Act of 1974, Florida Academy of Ayurveda gives notice that the following types of information may be released to the general public and agencies without the written consent of the student:

- Student name
- Dates of attendance
- Major fields of study, awards, and diploma received
- Company name where student is placed in employment

Students enrolled at Florida Academy of Ayurveda may request that all or part of the above information be withheld from the public by filing a written request with Florida Academy of Ayurveda. Such a request will remain in effect unless the student requests its removal in writing, except as authorized under the law. Such exceptions include, but are not limited to, agencies duly conducting authorized audits of school records, compliance with a legally authorized court order, and cooperation with law officials in an official investigation. Students have a right to inspect, review, and request copies of and challenge the contents of their educational records. However, no student file may leave the school building nor are documents to be taken from the file. Unless otherwise noted, students grant Florida Academy of Ayurveda the right to use their names, pictures, testimonies and placement information in advertising/marketing materials and on the academy’s website.

Student Complaints
Florida Academy of Ayurveda recognizes that there may be times in the academic year when differences arise between students and/or students and faculty or administration. Florida Academy of Ayurveda encourages students to communicate any differences to the appropriate staff member. All conflicts will be kept in confidence and addressed promptly and fairly until there is an agreeable resolution. Grievances must first be addressed to the Academy, but if not resolved, student grievances may be addressed to the Commission for Independent Education, 325 W. Gaines Street, Suite 1414, Tallahassee, Florida 32399-0400, (850) 245-3200, toll free (888) 224-6684.

Academic and Disciplinary Appeal
Any student wishing to appeal an academic or disciplinary decision of termination can contact the academy Director or Principal within 10 days of notification of termination. Florida Academy of Ayurveda seeks to protect the rights of students and will agree to a fair and professional review of the appeal. If it is determined that the decision of termination was derived from a personal basis, unreasonable standard or clear mistake, the Director or Principal has the authority to reverse the decision.